



The Beacon

The news update from Crimson Hill Support

Number 59, August 2016

Hi everyone,

Welcome to the August issue. As always we are currently providing support to some new people over the summer holidays, so if you are one of the staff who have stepped up to help then a big thank you! In September we will be looking at introducing some additional training, and some people will be starting their diplomas.



Have a great summer and lets hope we all get to enjoy some sunshine.

Take care, Fliss

Important Dates

Pay day for August - Wednesday 31st 2016. [Expenses claims](#) to office by Friday 2nd September 2016, for payment by Friday 9th September 2016. If mileage claims are later than this, there may well be delay in paying you. So please **make sure you send the expense sheets in with your time sheet**. Any questions please ask Ruth. Thanks

Update on Autism

Autism has been redefined within the Diagnostic and Statistical Manual of Mental Disorders 5th edition guidance. The umbrella term "Autism Spectrum Disorder" now encompasses the range of conditions including Autism Disorder, Asperger Disorder and Pervasive Developmental Disorder – not otherwise specified.

Estimated prevalence rates for Autism in the general population have increased over the last 50 years, with a recent UK study suggesting a rate of 98 in 10000.

It is also suggested that approximately 50% of people with Autism also have a learning disability. They also suggest that a significant number of people with a learning disability who do not meet the criteria for Autism diagnosis show an increased prevalence of "autistic traits".



Caption Competition

These are the captions we have had in... Text me the number you think is best and then they win the voucher!

- 1.All you said was - "my brain hurts" ... what did you expect for my pay mate? Trepanning, or a ruddy lobotomy!?
- 2.Do you like your slap and tickle at the same time?
- 3.You wont be smiling, when I bring my other hand into play!
- 4.Man, hand slap, head, bandage needed... NON-COMPRENDO!
- 5.I have lost me way me harties, anyone seen captain hook?
- 6.Shaving lessons ... why do I have to be the guinea pig!
- 7.Bump me head falling out of bed after one to many.. flipping sun.
- 8.Who are you trying to be ... Yoko Ono?
- 9.If you don't know by now where that goes
- 10.If you think you are putting that hand anywhere else then you have another think coming!

Article Summary from Mental Health Practice

This article may well ring a bell for some of you who work with those people who come into contact with the police due to their behaviour and impact on others. If you would like to read the full article then please let me know and I will send you out a copy.

In the UK, police officers who respond to people in mental health crisis must judge whether or not the people they are dealing with require assessment by mental health professionals. However many police staff lack the skills and knowledge to make such decisions, which can lead to inappropriate use of mental health legislation or arrests. This article reviews the evidence on mobile crisis teams, which deliver a joint response from the police and mental health services to people in mental health crisis in the community. It describes how these teams can improve outcomes for people in mental health crisis, reduce inappropriate use of mental health legislation and hospital admissions, increase user engagement, strengthen relationships between the police and health services, and potentially reduce costs to public services.

Riddles... do you know the answers?

1. What can travel around the world, whilst staying in a corner?
2. What kind of room has no doors or windows?
3. Which word in the dictionary is spelt incorrectly?
4. What invention lets you look right through a wall?
5. Take off my skin – I won't cry, but you will! What am I?